

DAY SPA & THERMAL POOL



GROTTA GIUSTI
TUSCANY



DAY SPA PACKAGES

MEDITERRANEAN DAY SPA

Thermal steam bath in the natural Grotta 50' + relaxation
Thermal pool with hydro massages
Mediterranean ritual 50'

TRANQUILLITY DAY SPA

Thermal steam bath in the natural Grotta 50' + relaxation
Thermal pool with hydro massages
Tranquillity: ritual for body and face 70'

SPA EXPERIENCE DAY SPA

Thermal steam bath in the natural Grotta 50' + relaxation
Thermal pool with hydro massages
Energising massage with personalised fragrance 20'

DAY SPA FOR TWO

Price per person

Thermal steam bath in the natural Grotta 50' + relaxation
Thermal pool with hydro massages
Anti-stress massage in twin cabin 50'

SKIN REGIMEN DAY SPA

Thermal steam bath in the natural Grotta 50' + relaxation
Aesthetic toning massage 20'
Skin regimen, face treatment 25'

DAY RESORT

The services of the elegant hotel are at day spa guests' disposal
Aperitif with dinner at La Veranda restaurant

| ☉ | € | ☉ | € |
|---|-----|---|------|
| - | 126 | AQUA & RELAXATION PACKAGE | |
| | | Thermal pool with hydro massages Thermal steam bath in the natural Grotta 50' | |
| | | 07/01 – 20/03 02/11 – 24/12 | - 49 |
| | | 21/03 – 01/11 26/12 – 06/01 | - 52 |
| - | 157 | AQUA & RELAXATION WITH SPA MENU | |
| | | Thermal pool with hydro massages Thermal steam bath in the natural Grotta 50' + relaxation Spa menu at the Bioaquam café (main course, drink, dessert, coffee) | |
| | | 07/01 – 20/03 02/11 – 24/12 | - 59 |
| | | 21/03 – 01/11 26/12 – 06/01 | - 65 |
| | | AT THE END OF THE DAY... | - 45 |
| | | Complete your day of well-being in the hotel elegant villa with an aperitif and dinner at La Veranda restaurant | |
| - | 119 |  | |
| | | Thermal pool under the stars, buffet aperitif and lounge music | |
| - | 135 | Every Friday from June to September from 8 p.m. to midnight Special events with massages and open Grotta | |
| - | 45 | | |



THE THERAPEUTIC THERMAL POOL

The thermal pool is filled with thermal water at the natural temperature of 31-34°C.

THERAPEUTIC PROPERTIES

Benefits for the musculoskeletal system: regulates muscle tone, anti-inflammatory, analgesic.

Benefits for the cutaneous system: astringent, anti-inflammation, anti-bacterial, cleanser, toner.

Benefits for the cardio-vascular system: vasodilatation, hypotensive.

Benefits for the nervous system: relaxing.

| | 07/01 – 20/03 02/11 – 24/12 | 21/03 – 01/11 26/12 – 6/1 |
|--|--------------------------------|------------------------------|
| Weekdays | €17 | €20 |
| Weekends (Saturday, Sunday, bank holidays, preceding days) | €20 | €24 |
| Afternoon only (weekdays only, excluding 11th to 24th of August) | €11 | €13 |
| Spa break 1 to 3 p.m. (weekdays only, excluding August) | €7 | €8 |

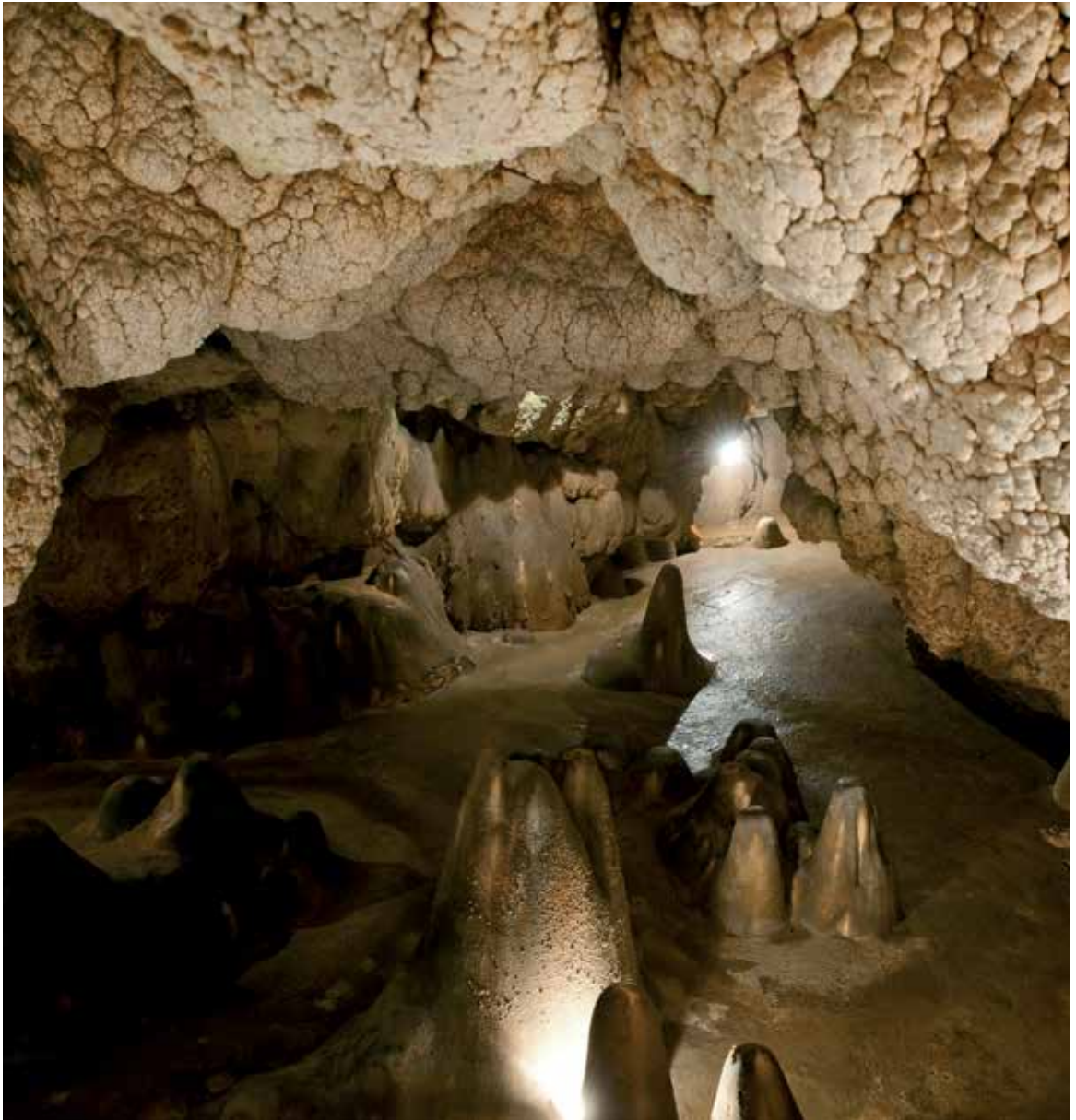
Rate includes pool admission, locker, relaxing chair and, during the summer time, sun lounger and parasol

| CHILDREN | Under 5 | Under 12 |
|--|---------|----------|
| Weekdays | free | €11 |
| Weekends (Saturday, Sunday, bank holidays, preceding days) | free | €13 |

| PACKAGE FORM | Full day | Afternoon only | Children |
|---------------|----------|----------------|----------|
| 6 admissions | €98 | €58 | €60 |
| 8 admissions | €124 | €74 | €75 |
| 12 admissions | €181 | €106 | €110 |

Personalised package forms are also available

Daily hire of pool kit, bathrobe, bath towel
(complimentary slippers and bag) €10



HOW TO GET TO GROTTA GIUSTI

By car

All Firenze-Mare motorway,
Montecatini Terme exit.

By train

Montecatini/Monsummano Terme
railway station (4km).

By plane

Nearest airports Florence (40km)
and Pisa (55km).

Medical direction

Doctor Nicola Angelo Fortunati

Grotta Giusti

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